

Medical Methods of Abortion (MMA) Trainings

Background

As per the recent Medical Termination of Pregnancy (Amendment) Rules, 2021, the RMP eligibility criteria for termination of pregnancy by Medical Methods of Abortion has been enhanced. In reference to rule 4, clause (ca) under MTP (Amendments) Rules 2021, a cadre of MMA providers will now be possible. This will help in increasing the number of trained abortion providers which will improve access to safe abortion services for women with unplanned and unintended pregnancies.

This document is intended to give clarity on operationalization of the MMA training, including details on the eligibility of training centres, trainers and trainees; curriculum; and agenda to be used for these trainings.

Eligibility Criteria

Training centre eligibility:

Facilities, either established or maintained by the Government (MCH/DH/SDH/FRU) or Private/NGO sites approved for this purpose, will be the training centres for MMA training.

These facilities should be regularly providing CAC services including MMA and managing its complications.

In order to provide sufficient caseload for hands-on practice, the training centre should be conducting at least 400 cases of induced/spontaneous/incomplete abortions in a year.

Trainer's eligibility:

Registered Medical Practitioners (RMPs), as under the MTP Act with experience in MTP/CAC trainings or attended Training of Trainers for MMA Training.

Trainee's eligibility:

MBBS doctors

Batch size: 8 -10 participants

MMA Training roll-out

A. Training of Trainers:

One day Training of Trainers workshop for the potential master trainers / RMPs from the training centres will be conducted to strengthen their capacity to provide MMA trainings and supervise hands on practice.

These may be organized for a batch size of maximum 20 master trainers / RMPs in each workshop.

B. MMA training:

MMA trainings has two components: theoretical sessions and hands on practice.

The suggestive training schedule to complete both these components is a three day workshop including hands-on practice on live cases and models under the supervision of a master trainer RMP. It should be ensured that each trainee performs ten cases of pregnancy termination by Medical Methods of Abortion.

Training curriculum

Theoretical sessions will cover:

- i. Overview of Medical Methods of Abortion
- ii. Clinical Assessment and Eligibility Screening
- iii. MMA Protocol
- iv. MTP Act & Documentation
- v. Counselling Skills
- vi. Managing Side-effects and Complications associated with MMA
- vii. Post-abortion Contraception
- viii. Model & Hands on Practice

Training resources

MMA Manual; Ready Reckoner; Documentation formats; MMA card

Expected outcome:

Trainees after MMA training will be eligible to perform abortion cases with MMA only for gestation period upto 63 days (9 weeks).

Suggestive agenda of MMA training (3 day) and draft certificate for training is given as Annexures 1 and 2 respectively.

Agenda for MMA Trainings (3 Day)

Day 1:

Time	Session
9.30 -10:00 am	Registration & Pre-Test
10.00 – 10.30 am	Introduction Goal & Objectives
10.30 – 11.30 am	Overview of Medical Methods of Abortion
11.30 – 12.30 pm	Clinical Assessment and Eligibility Screening for MMA
12.30 – 1.30 pm	Lunch
1.30 – 3.00 pm	Counselling Skills for MMA & Practice
3.00 – 3.15 pm	Tea
3.15 – 4.30 pm	MTP Act & Rules related to MMA Documentation Formats
4:30 PM	Evaluation and Planning for next day

Day 2:

Time	Session
9.00 am – 12.00 N	Hands on Practice on Live Cases: Eligibility Screening; Counselling; Documentation
12.00 – 12.15 pm	Tea
12.15 – 1.00 pm	Dealing with Expected Side-effects of MMA Drugs
1.00 – 2.00 pm	Lunch
2.00 – 3.00 pm	Potential Complications with MMA and their Management
3.00 – 3.15 pm	Tea
3.15 – 4.00 pm	Operationalization of MMA Services at Facilities

Day 3:

Time	Session
9.00 am – 12.00 N	Hands on Practice on Live Cases: Eligibility Screening; Counselling; Documentation
12.00 – 12.15 pm	Tea
12.15 – 1.30 pm	Post-abortion Contraception with MMA
1.30 – 2.30 pm	Lunch
2.30 – 3.00 pm	Post test Training evaluation
3.00 – 4.00 pm	Next steps & Valedictory

Certificate for MMA Trainings

	State logo
<p><i>CERTIFICATE</i> MEDICAL METHODS OF ABORTION TRAINING</p>	
DR	
PARTICIPATED & SUCCESSFULLY COMPLETED THE	
MEDICAL METHODS OF ABORTION TRAINING	
Held from To	
For Provision of MTP Services upto Nine Weeks with MMA Only, As Specified under Rule 4 (ca) of MTP (Amendments) Rules 2021	
..... Dr CMHO/DHO/CS District Dr..... Dept of Obst & Gynae(Facility)